

# EASE NewsPlatform

Europe, 2024

1



**EASE**  
European Association for  
Somatic Experiencing



# List of content

| EVENT NAME  | PAGE   | COUNTRY                        | TIME  | PRICE   | ORGANISER  |
|---|--------|--------------------------------|---|---|--|
| Advanced Strategies for Healing Sexual Trauma and Sexuality | Page 5 | Netherlands                    | 10.12.2024 - 12.12.2024                             | €695  | Body Mind Opleidingen<br>info@bodymindopleidingen.nl |
| NeuroAffective Touch Training                               | Page 6 | UK                             | part 1: 14-19 .07. 2024<br>part 2: 27.10- 1.11.2024 | £2999   | SOS Internationale                                   |
| Let's get „in touch”  | Page 7 | <sup>2</sup><br>Czech Republic | 01.08 -03.08.24                                     | 9200 CZK<br>(cca € 370)                               | Vladimir Krutina                                     |
| Trauma,Development and Attachment                           | Page 8 | Belgium                        | 31.10-03.11.24                                      | -Early bird<br>€680 (up to<br>30.09.24;<br>after 720) | Trauma Healling Belgium                              |



# List of content

| EVENT NAME  | PAGE    | COUNTRY                        | TIME                       | PRICE  | ORGANISER                             |
|---|---------|--------------------------------|----------------------------|--|---------------------------------------|
| A PlayShop with Maggie Klein  | Page 9  | Czech Republic                 | 19.09.2024-21.09.2024      | €660   | Zlata Kostejnova                      |
| EmotionAid  | Page 10 | Czech Republic                 | 14.10.2024 -4.12.2024<br>. | €696   | Zlata Kostejnova,<br>Teresa Koryntova |
| Integrated Somatic Psychology (ISP)-<br>Professional Training (3 mogules)<br>Dr Raja Selvam | Page 11 | Romania                        | 24.10.2024 - 27.10.2024    | €600<br>per module                                       | Florentina Niculescu                  |
| Physical trauma and medical trauma - a<br>humanized approach according to SE®               | Page 12 | <sup>3</sup><br>Poland/ online | 31.08.2024 - 01.09.2024    |  | Polish Society for SE                 |
| A Workshop on the NeuroAffective<br>Relational Model - NARM                                 | Page 13 | Sweden                         | 11.10.2024 - 13.10.2024    | 4000-5500<br>SEK<br>(see detailed<br>payment<br>options) | SE Föreningen Sverige                 |

# List of content

| EVENT NAME  | PAGE    | COUNTRY              | TIME                    | PRICE                                      | ORGANISER                                |
|---|---------|----------------------|-------------------------|--|--|
| A GPS for Your Clients Nervous System                     | Page 14 | Germany/<br>online   | 07.11.2024 - 10.11.2024 | €480                                       | Somatic Experiencing<br>Deutschland e.V. |
| A PlayShop with Maggie Klein                              | Page 15 | Germany              | 13.09.2024 - 15.09.2024 | 550€ + 225€<br>conference package          | Somatic Experiencing<br>Deutschland e.V. |
| Trauma Through a Child's Eyes                             | Page 16 | Poland               | 06.09.2024-08.09.2024 - |  | Polish Society for SE                    |
| Daarrell Sanchez - An Introduction to The<br>Tuning Board | Page 17 | Germany <sup>4</sup> | 29.11.2024 - 01.12.2024 | 600€ +<br>140,70€<br>conference<br>package | Somatic Experiencing<br>Deutschland e.V. |

# Advanced Strategies for Healing Sexual Trauma and Sexuality



## DESCRIPTION

- Get comfortable talking about the body and discussing sexuality issues with your clients and intimates.
- Become friends with your body, and inhabit it with new levels of comfort and ease, all parts of it...  
Develop more awareness, find new levels of pleasure in the embodiment exercises. Maybe even enjoy sex and intimacy more.

*More detailed description of the workshop in the link below:*

<https://www.bodymindopleidingen.nl/training/advanced-strategies-for-healing-sexual-trauma-and-sexuality/>



## WHO CAN JOIN?

- Somatic Experiencing Practitioner or Advanced SE student.
  - Integrated Psychotherapy (IP) therapist or IP student in year 4.
  - Core Energetica -/ Primal rebirth – / Bio dynamic therapist
- Preferrably you first joined the training ‘Essential Strategies of Healing Sexual Trauma’

**Teachings are in English.**



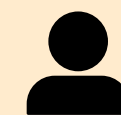
## PRICE

Training (3 days) Price: €695,- Plenair room, lunch & coffee/tea for 3-days  
Price: appr. €140,-\* Optional All inclusive (overnight stay, dinner and 3-day arrangement) Private room (on availability): appr. €300,-\*

## BASIC INFO



Netherlands



Trainer: Ariël Giarretto



10.12.2024 -12.12.2024



Organiser: Body Mind Opleidingen



info@bodymindopleidingen.nl

# NeuroAffective Touch Training



## DESCRIPTION

The Foundation Training is nuanced, comprehensive, and groundbreaking, going beyond the psychotherapy trainings and bodywork programs available today to offer a truly integrated body-mind approach. The two parts of the training build sequentially, beginning with a deep dive into the psychobiology of touch and how to use touch in a way that allows the body to lead, rather than “doing to” the body.

Throughout the program, you will receive training in body-centred techniques to work bottom-up with implicit procedural behaviour, posture, and movement, as well as top-down with trauma-based thoughts, beliefs, and identifications, fostering multidimensional growth and expansion for the people you work with.

*More detailed description of the workshop in the links below:*

<https://sosinternationale.org/nat-foundation-training>



## WHO CAN JOIN?

- Country association members
- Members of other associations
- Non-members

**Teachings are in English.**



**PRICE**  
£2999

6

## BASIC INFO



UK. London



Trainer: Dr Aline LaPierre



Part 1: 14-19.09.2024

Part 2: 27.10-01.11.2024



Organiser: SOSInternationale



info@sosinternationale.org

# LET'S GET IN TOUCH/ SE post-advanced workshop with Itta Wiedenmann



## DESCRIPTION

Details of the workshop in attachment here:

[https://drive.google.com/file/d/1AWQnvZlxHKodllfGnU82GGwln2L7\\_T9P/view?usp=sharing](https://drive.google.com/file/d/1AWQnvZlxHKodllfGnU82GGwln2L7_T9P/view?usp=sharing)

Last moment: application possible to send until 3rd of July via:

<http://somatic-experiencing.cz/ostatni-kurzy/>



## WHO CAN JOIN?

- Country association members
- Members of other associations
- Non-members

7

**English translated into Czech language.**



## PRICE

9.200 CZK/ cca € 370

Accommodation is not included. Is possible to choose from packages: Price are in range from 140 EUR - 270 EUR including parking, 2 nights, food (2x breakfast, 3x lunch, 2x dinner), wellness, fitness, pool outside.

## BASIC INFO



Pilsen, Czech Republic



Trainer: Itta Wiedenmann



01.08.2024 -03.08.2024



Organiser: Vladimir Krutina



602 565 203



vladimirkrutina@gmail.com

# Trauma, Development and Attachment/ a workshop



## DESCRIPTION

A in-person workshop with Raja Selvam, PhD about how to work with the effect of trauma on development and attachment with greater efficiency through emotional embodiment and inter-personal resonance. More details about the workshop, curriculum and practical infos you can find on our website:

<https://traumahealing.be/en/activiteit/workshop-developmental-trauma>

Who can benefit from this workshop?

All professionals engaged in treating relationship and attachment difficulties caused by developmental and shock traumas stand to gain much from this workshop. Integral Somatic Psychology (ISP) graduates and trainees will learn advanced knowledge and skills for applying their ISP expertise to the specific areas of trauma, development, and attachment.

## ? WHO CAN JOIN?

- Country association members,
- Members of other associations,
- Non-members

Language: English



## PRICE

Early bird €680 if payed before 1st of October 2024; afterwards 720 €

## BASIC INFO



Belgium, De Hoorn, Sluisstraat 79,  
3000 Leuven



Trainer: Raja Selvam



31.10- 3.11.2024



Organiser: Viktoria Grgurin,  
Chris Camp



[admin@traumahealing.be](mailto:admin@traumahealing.be)

+32472171729



# A PlayShop with Maggie Klein



## DESCRIPTION

3 days in-person workshop for SE work with kids with Maggie Kline

More detailed description of the workshop in the links below:

<http://www.somaticexperiencing.cz/>



## WHO CAN JOIN?

- Country association members
- Members of other associations
- Non-members

**Teachings are in English translated into Czech**



**PRICE**  
**€660**

## BASIC INFO



Czech Republic



Trainer: Maggie Klein



19-21.09.2024



Organiser: Zlata Kostejnoa



[workshopmaggiekline@gmail.com](mailto:workshopmaggiekline@gmail.com)



## DESCRIPTION

The training program contains 30 hours (of which 24 hours of training and 6 hours of supervision). After completing the training course, you can follow up with a facilitator course. During the course, which will be translated into Czech, you will also receive the entire battery of materials and a protocol for using Emotionaid in practice. The dates are:

14.10.2024-15.10.2024 9-12 am, 2-5 pm CET (training)

Supervision: 30.10.2024 5-8 pm CET

18.11.2024-19.11.2024 9-12 am, 2-5 pm CET (training)

Supervision: 4.12.2024 5-8 pm CET

<https://emotionaid.cz/vycvikovy-kurz/>



## WHO CAN JOIN?

- Country association members
- Members of other associations
- Non-members

**Teachings are in English translated to Czech**



**PRICE**  
**€696**

10

## BASIC INFO



Czech Republic/ online



Trainer: Maggie Klein



14.10-4.12.2024



Organiser: Zlata Kostejnova  
Teresa Koryntova



[kurzemotionaid@gmail.com](mailto:kurzemotionaid@gmail.com),  
00420777626514

# Integral Somatic Psychology (ISP) Professional Training

## Dr. Raja Selvam



### DESCRIPTION

3 Module Training with Dr Raja Selvam

More detailed description of the workshop in the links below:

<https://somaticpersonaldevelopment.com/evente/ispp-professional-training/>



### WHO CAN JOIN?

- Non-members

**Language:** English



### PRICE

600€ per module

11

### BASIC INFO



Romania



Trainer: Raja Selvam



24.10.2024 -27.10.2024



Organiser: Florentina Niculescu



Contact@[somaticpersonaldevelopment.com](mailto:Contact@somaticpersonaldevelopment.com)

# Physical trauma and medical trauma - a humanized approach according to SE® (online workshop with Liane Pinto)



## DESCRIPTION

The goals of the workshop are to sensitize participants towards preventing traumatic experiences; to stimulate learning of effective SE® strategies to prevent future traumatic experiences; and to motivate participants is to create new preventive programs in the field of health care.



## WHO CAN JOIN?

PSSE Members. The workshop is intended for SEPs and Somatic Experiencing® students who have completed at least the intermediate level of certified SE training.

The workshop is not intended for people convalescing after recent surgery, pregnant women or shortly after giving birth.

Registration is closed, the workshop is full.

Language: English translated to Polish



## PRICE

## BASIC INFO



Poland/ online



Polish Society for SE (PSSE)



31.08.2024(11:00-18:30 CEST)-  
01.09.2024(11:00-18:30CEST)



Organiser: PSSE



[kontakt@psse.net.pl](mailto:kontakt@psse.net.pl)



# A Workshop on the NeuroAffective Relational Model -NARM



## DESCRIPTION

This unique workshop will be held by Tove Mejdahl, psychologist/specialist, supervisor in clinical psychology; SEP and main NARM teacher in Denmark. NARM is a trauma informed method working with relational, developmental and attachment traumas in an effective and innovative way. This method gives us the opportunity to understand how our early experiences in life create lifelong behavioural patterns. NARM helps us break these old patterns, thus increasing our capacity to be authentic and present in our relating, in loving as well as in therapeutic relationships. In addition to general NARM practices, Tove will also share her experience in applying NARM to couples' therapy. Target group: SE Practitioners, SE students and other professionals working with clients.

<https://www.seforeningen.se/post/workshop-11-13-10-narm-neuroaffektiva-relationsmodellen-utvecklad-av-dr-laurence-heller>



## WHO CAN JOIN?

Country association members,  
Members of other associations,  
Non-members  
Language: English



## PRICE

Members of the Swedish SE association and SE students in training;  
4000 SEK, Early bird (until 1 st of Aug) 4500 SEK (after 1 st of Aug)  
Non-members: 5000 SEK, Early bird (until 1 st of Aug) 5500 SEK (after  
1 st of Aug)

## BASIC INFO



Sweden



Trainer: Tove Mejdahl



11.10- 13.10.2024



Organiser: SE Foreningen Sverige



info@seforeningen.se

# A GPS for Your Clients Nervous System/ workshop



## DESCRIPTION

You can find more:

<https://www.somatic-experiencing.de/events/online-veranstaltung-nr-185-ein-gps-fuer-die-entwicklungslandschaft-deines-kliente/>

Online workshop



## WHO CAN JOIN?

Country association members

Language: English/German

14



## PRICE

480€

## BASIC INFO



Germany/online



Trainer: Marianne Bentzen



07.11-.10.11.2024



Organiser: Somatic Experiencing  
Deutschland e.V. :



Hanna Mennenoeh- Grimm  
[Seminar@somatic-experiencing.de](mailto:Seminar@somatic-experiencing.de)

# A PlayShop with Maggie Klein/ workshop



## DESCRIPTION

More detailed description of the workshop in the links below:

<https://www.somatic-experiencing.de/events/va-190-playshop-mit-maggie-kline/>



## WHO CAN JOIN?

Country association members

Language: English/German

15



## PRICE

550€ + 225€ conference package (+ food and accomodation if needed)

## BASIC INFO



Germany



Trainer: Maggie Klein



13.09-15.09.2024



Organiser: Somatic Experiencing  
Deutschland e.V.



Hanna Mennenoeh- Grimm  
[eminar@somatic-experiencing.de](mailto:eminar@somatic-experiencing.de)  
[+49 201 248 70 445](tel:+4920124870445)

# Trauma Through a Child's Eyes (With Maggie Klein)

training based on the Somatic Experiencing method

## DESCRIPTION



18-hour in-person training presents how to combine the basics of trauma treatment using the Somatic Experiencing® method with art, movement, play and breath work to teach children sensory awareness, the ability to track sensations and balance their autonomic nervous system.

By referring to concepts and knowledge in the field of SE and with the help of art classes and games, participants will learn how to increase emotional regulation, release and complete unfinished defense reflexes, as well as restore a sense of security, attachment skills and healthy social engagement.

For more information visit <https://psse.net.pl/trauma-oczami-dziecka-maggie-kline/>



## WHO CAN JOIN?

The workshop is useful for professionals working with children, teachers, parents who want to integrate basic SE concepts when working with children, as well as for those who want to deepen their understanding of working with the inner child in adults. The form of classes is a combination of lectures, films, empirical classes in groups and questions and answers.

Registration is closed, the workshop is full.

Language: English translated to Polish

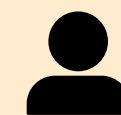


## PRICE

## BASIC INFO



Poland, Poznań



Polish Society for SE (PSSE)



6 - 8.09 2024



Organiser: PSSE



[kontakt@psse.net.pl](mailto:kontakt@psse.net.pl)



# Darrell Sanchez – An Introduction to the Tuning Board



## DESCRIPTION

More detailed description of the workshop in the links below:

<https://www.somatic-experiencing.de/events/praesenz-veranstaltung-nr-194-darrell-sanchez-einfuehrung-in-das-tuningboard/>



## WHO CAN JOIN?

Country association members

Language: English/German

17



## PRICE

600€ + 140,70€ conference package + food and accomodation

## BASIC INFO



Germany



Trainer: Darrell Sanchez



29.11- 1.12.2024



Organiser: Somatic Experiencing  
Deutschland e.V.



Hanna Mennenoeh- Grimm

[Seminar@somatic-experiencing.de](mailto:Seminar@somatic-experiencing.de)

+49 201 248 70 445

# About us

**This letter is an initiative founded by two SEPs, Kasia and Damian.**

**During the EASE GA gathering in Edinburgh the idea of “news letter “was born.**

**Who are we?**

**Kasia is a SEP, Assistant, psychologist and therapist living and working in Poznan Poland , she is part of Polish SE Association and a member of Ethics Committee of EASE.**

**Damian ( originally Polish) is an actor, body worker, SEP, Assistant in training, on a board of SEAUK,**

**We decided to help with connecting and transferring informations about post graduated trainings , events, webinars , circles ,inspirations, social gatherings etc, between associations, organisers and trainers and so everyone can have an access to those informations and we would like to support each other to connect and thrive .**

18

**We would like to invite you to join our project .**

**We would like to ask each Association and Organisers to delegate one person responsible for bringing up information connected to your group .**

**Also we invite trainers to join us .**

**Here is our email where you can rich out if you want us to share informations in Info Platform Ease:**

**[easeneplatform@gmail.com](mailto:easeneplatform@gmail.com)**